




# December

S M T W T F S

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**GROUPS MEET AT 617 W. GENESEE ST,  
SYRACUSE**

**OPEN FOR  
SHAKE-UP  
MON/WED AT  
3:30**

 The Q Center @ ACR Health  
 theqcenter\_at\_acrhealth  
 theqcenterataacrhealth



**the Q center**  
at  
**ACR Health**  
*Central NY*

## WHAT'S HAPPENING THIS MONTH!

### LGBTQ YOUTH & ALLIES (5:30-7:30)

12/2 GAME NIGHT  
 12/9 DIY SOAP MAKING  
 12/16 COOKIE DECORATING  
 12/23 MOVIE NIGHT

### LGBTQ YOUNG ADULTS (5:30-7:30)

12/4 HOW TO COPE WITH HOLIDAY STRESS  
 12/11 DIY SOAP MAKING  
 12/18 COOKIE DECORATING

### QTS OF COLOR (5:30-7:30)

12/12 SOUP FOR THE SOUL

### TWEEN TIME (SHAKE-UP 3:30, GROUP 4:30-6:30)

12/6 WINTER CRAFTS  
 12/20 HOLIDAY PARTY

### THE GENDERVERSE AGES 13-29 (5:30-7:30)

12/19 THE RESOURCE GUIDE AND BEYOND

**CLOSED**

# December



*Mahawk Valley*

## WHAT'S HAPPENING THIS MONTH!

**COMBINED LGBTQ YOUTH, YOUNG ADULTS & ALLIES (5:30-7:30)**

12/3 BLACK OUT POETRY

12/10 DIY GIFT WRAP


12/17 HOLIDAY PARTY

**CLOSED**

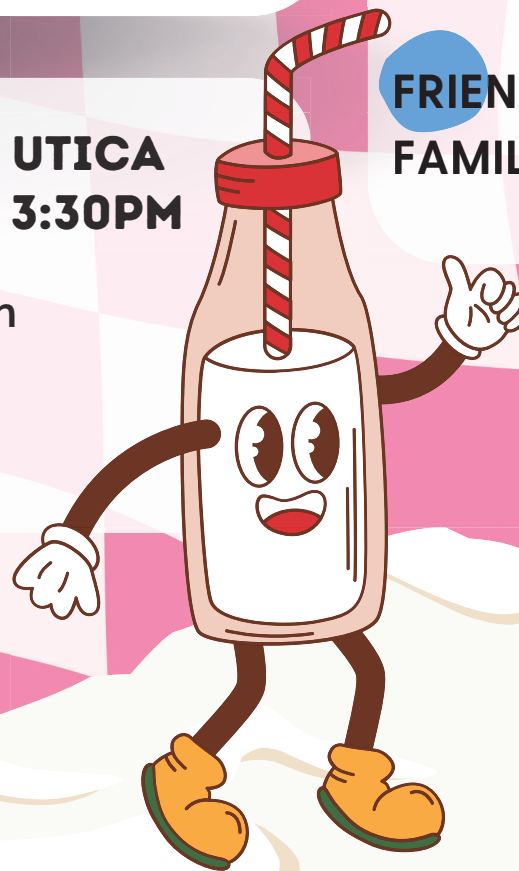
**FRIENDSGIVING 5-7P (ALL AGES, FAMILY & FRIENDS)**

**GROUPS MEET AT 287 GENESEE ST, UTICA  
OPEN FOR SHAKE-UP TUESDAY AT 3:30PM**

 The Q Center @ ACR Health

 theqcenter\_at\_acrhealth

 theqcenteratacrhealth





# December


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29	30	31				

## GROUPS MEET AT 210 COURT ST, WATERTOWN

OPEN FOR  
SHAKE-UP  
WED/THURS AT  
3PM

 The Q Center @ ACR Health

 theqcenter\_at\_acrhealth

 theqcenteratacrhealth



the **Q** center  
at  
**ACR** Health

*Northern NY*

## WHAT'S HAPPENING THIS MONTH!

### LGBTQ YOUTH & ALLIES (5-7PM)

12/5 HOLIDAY STRESS

12/12 BOARD GAMES

12/19 DIY GIFT MAKING

### LGBTQ YOUNG ADULTS (5-7PM)

12/4 HOLIDAY STRESS

12/11 JAR OF CONVERSATION

12/18 HOLIDAY MOVIE AND COOKIES

### HOLIDAY PARTY (5-7PM)

CLOSED

HOLIDAY MOVIE NIGHT (5-7) ALL  
AGES

QUEER YOUNG PROFESSIONALS  
5:30-7