



# October

S M T W T F S

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**GROUPS MEET AT 210 COURT ST, WATERTOWN  
OPEN FOR SHAKE-UP  
WEDNESDAYS/THURSDAYS AT 3PM**

 The Q Center @ ACR Health

 theqcenter\_at\_acrhealth

 theqcenteratacrhealth

the **Q** center  
at  
ACR Health

*Northern NY*

## WHAT'S HAPPENING THIS MONTH!

### LGBTQ YOUTH & ALLIES (5-7PM)

10/3 QUEER HISTORY

10/10 COMING OUT AS YOU

10/17 CIVIC ENGAGEMENT\*\*NO SHAKE-UP\*\*

10/24 PUMPKIN PAINTING

### LGBTQ YOUNG ADULTS (5-7PM)

10/2 PUMPKIN PAINTING

10/9 JOURNALING

10/16 QUEER HISTORY

10/23 LATE NIGHT: MOVIE NIGHT

**CLOSED (5TH WED/THURS)**

**HALLOWEEN PARTY (5-7)**

