



Center of Expertise

Drug user health education and training at **ACRHealth**

COE Trainings List and Description

Intended Audience: Non-physician health and human service providers who work with clients/patients who are living with, or are at risk for, HIV, HCV, STIs, are LGBT/GNC or who use substances, including: social workers, nurses, care coordinators, case managers, peer workers, prevention specialists, PrEP specialists, client services staff, and others.

Webinar: Impacts of the Overdose Epidemic on Diverse Populations

Description: This 90-minute training reviews how the increased involvement of opioids in overdose deaths is changing the demographics of the opioid overdose epidemic and disproportionately impacting diverse populations. The changing patterns of the opioid overdose epidemic necessitate a rapid, culturally tailored and multifaceted public health response that appropriately targets and incorporates the needs of evolving populations at risk, including marginalized populations. This training will help participants understand the disproportionate impacts the overdose epidemic has on diverse populations, identify the principles and practices of cultural humility and illustrate strategies to improve health outcomes.

Objectives: As a result of this training, participants will be able to:

- Identify diverse populations that are disproportionately impacted by the overdose epidemic;
- List institutional, social, and behavioral factors that impact access to services;
- Define cultural humility and provide ideas on how to implement it;
- Develop strategies for improving health outcomes for diverse populations.

Prerequisite: N/A

Contact Information: coe@acrhealth.org. You can also call (315) 226-4107

Current list of COE virtual trainings: <https://www.hivtrainingny.org/Home/CourseListings?SiteID=29>



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Webinar: Addressing Pregnancy and Reproductive Health in a Harm Reduction Setting

Description: This two-part, three-hour webinar series will build participant knowledge and skills to work with pregnant people who use drugs. This course will provide an overview of risk factors for stigma surrounding substance use during pregnancy; discuss impacts of drugs on the health of the birthing person and infant; and provide both pre- and post-natal care.

Objectives: As a result of this training, participants will be able to:

Pt. 1

- Explore provider attitudes and address stigma regarding substance use during pregnancy;
- Discuss the impact of using opioids and other substances on the menstrual cycle, fertility, pregnancy, and the health of the birthing parent and infant during pregnancy and after birth;
- Recall the impact on infant health and wellness including Neonatal Abstinence Syndrome; and recall strategies for promoting access to pre-and post-natal care, including HIV, HCV and STI screening.

Pt. 2

- Recall substance use treatment options during pregnancy, including different medication options;
- Identify opportunities to promote reproductive health for all individuals receiving harm reduction services;
- Recall participant rights and provider responsibilities regarding substance use, pregnancy, child rearing and Child Protective Services; and
- Apply a harm reduction approach to support positive reproductive health outcomes for all people who use drugs.

Prerequisite: N/A

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Webinar: Fentanyl & Xylazine Testing Strips as a Harm Reduction Strategy

Description:

This 90-minute course reviews basic information about fentanyl and xylazine and will build participant knowledge regarding fentanyl (FTS) and xylazine testing strips (XTS). This training will describe how to use XTS and FTS as a harm reduction tool to better engage clients in conversations about harm reduction and preventing overdose.

Objectives: As a result of this training, participants will be able to:

- Identify facts and debunk myths about fentanyl;
- Apply strategies to disseminate accurate facts about fentanyl and xylazine to people who use drugs;
- Educate others on how to use FTS & XTS;
- Identify and discuss use of FTS & XTS as an engagement tool;
- Utilize the knowledge and skills gained to increase distribution of FTS & XTS.

Prerequisite: N/A

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Webinar: Harm Reduction Support Following an

Opioid-Overdose Reversal

Description:

This two-part webinar will build participant knowledge and skills to work with clients around harm reduction support following an opioid-overdose reversal. This course will provide an overview of risk factors for opioid-overdose; dispel myths surrounding opioid-overdoses; provide effective skills when working with medical professionals; and provide post-care information.

Objectives: As a result of this training, participants will be able to:

- Explain risk factors for opioid-overdose and strategies to reduce these risks;
- Describe the impact of naloxone on someone whose overdose was successfully reversed;
- Dispel myths regarding opioid-overdose and administration of naloxone; and
- Provide tips for harm reduction specialists to maintain management over their self-care.

Prerequisite: N/A

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Webinar Series: Improving Health Care with

People Who Use Drugs

Description:

two-part webinar will build participant knowledge and create strategies for non-physician health and human service providers to improve health care with people who use drugs. This course will provide an overview of the unique health care needs of PWUD, address stigmatization and bias concerning how people who use drugs engage in health care and utilize self-determination theory to identify strategies to assist people who use drugs to develop positive health care relationships.

Objectives: As a result of this training, participants will be able to:

Part 1

- Identify different points of access to Healthcare for PWUD;
- Describe institutional, social & behavioral factors that influence access, including drug related stigma;
- List aspects of the cycle of trust, to create positive outcomes for PWUD;
- Identify some of the unique health care needs of PWUD; and
- List barriers PWUD may have to face when accessing healthcare.

Part 2

- Define what quality health care is and how to advocate for receiving it;
- Develop strategies to assist PWUD in preparing for healthcare visits including decisions around when & how to disclose their drug use to medical providers; and
- Identify strategies & tools to help clients who use drugs to build positive, trusting relationships with their health care provider.

Prerequisite: N/A

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Webinar: Overdose Response Action Plan

Description:

This 90-minute course will build participant knowledge and offer tools for creating an organization/agency-wide Overdose Response Action Plan that will prepare employees and participants to take an approach that is proactive in handling overdoses in or around their buildings. This course will provide an overview of the needs that can arise during an overdose, and how to prepare for an optimal and efficient response to this medical emergency. The course will help attendees understand roles of staff and participants, identify response strategies, and review policy and procedure in dealing with an onsite overdose.

Objectives: As a result of this training, participants will be able to:

- Describe the factors related to responding to an overdose on site;
- Identify and discuss ways in which internal policy and procedure can be created to influence optimal response to people experiencing an overdose;
- Apply strategies for working with staff to prepare for medical emergencies experienced by people who use drugs;
- Identify strategies to create an Overdose Response Action Plan within their agency.

Prerequisite: It is recommended that participants have an understanding of opioids and opioid overdose and are encouraged to take the course Harm Reduction Following an Opioid Overdose.

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Webinar Series: Safer Injecting and Basic Wound Care for Non-Clinicians

Description: This two-part webinar will prepare non-physician health and human service providers with the knowledge and skills to assist people who inject drugs (PWIDs) to identify safer injecting alternatives that work in the context of their reality to keep them and their communities healthier and safer.

Note: You must participate in both part 1 and 2 to receive a certificate for this course. In addition, you must be present for at least 80 minutes of each section.

Objectives: As a result of this training, participants will be able to:

Part 1

- Recall safer injection supplies and equipment needed to prevent disease and infection.
- Recognize factors related to injecting drugs that can increase or decrease the risk of infection or overdose;
- List considerations for different injection methods (IV, IM, SC) and sites (arms, hands, neck, or groin); and
- Identify strategies to prevent injection related infections and injuries.

Part 2

- Describe wounds and infections commonly associated with injection drug use;
- Describe basic wound care and red flags requiring medical attention; and
- Provide harm reduction counseling messages tailored to clients' unique drug-using circumstances to more effectively engage PWIDs.

Prerequisite: It is strongly recommended that participants complete the course, Harm Reduction Approach Overview (full day or webinar) or have some experience with harm reduction services prior to attending this course.

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Webinar Series: Supervising Staff & Peers Who Use Drugs

Description: This two-part webinar delves into the intricacies of supervising and supporting employees who are actively using drugs or are in various stages of recovery. This interactive and informative training is designed to equip managers, HR professionals, and anyone responsible for leading teams with the knowledge and tools they need to create a supportive and productive workplace environment.

Note: You must participate in both part 1 and 2 to receive a certificate for this course. In addition, you must be present for at least 80 minutes of each section.

Objectives: As a result of this training, participants will be able to:

Part 1

- Discuss the importance of meaningfully employing staff who use drugs in harm reduction settings;
- List the benefits of employing people who use drugs in harm reduction programs, and potential barriers they may face to employment / in the workplace; and
- Develop a well-structured supervision model that both supports and develops staff and peers who use drugs.

Part 2

- Illuminate issues that may occur in your own institution and come up with ideas to challenge them;
- Understand the importance of and identify effective steps for contingency planning; and
- Support workers who are in recovery or interested in pursuing recovery

Prerequisite: N/A

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Webinar: General Substance Use 101

Description: This 90-minute webinar builds participant knowledge about what substance use is and the risk factors surrounding substance use disorders. This course will delve into the stigmatization of substance use and how it negatively impacts people who use drugs. It will touch on aspects such as overdose reversals and recovery to provide best practices when providing support to people who use drugs.

Note: This course provides general knowledge of substance use and is a prerequisite for all other in-depth substance 101's.

Objectives: As a result of this training, participants will be able to:

- Describe substances on the drug wheel and their effects;
- Identify aspects of the spectrum of use;
- Explain how drug, set, and setting impact substance use;
- List harm reduction strategies and services;
- Discuss what overdose and overamping is; and
- Practice shifting language to improve outcomes.

Prerequisite: N/A

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Webinar: Club Drugs 101

Description: This 75-minute webinar will provide participants with knowledge and skills to understand and respond to all club drug related overdoses. This course will provide an overview of how various club drugs such as rohypnol, ketamine, MDMA, and LSD affect one's emotional, mental, and physical abilities. This webinar will also identify treatment plans, risk behaviors and strategies to reduce risks related to cannabinoid use.

Objectives: As a result of this training, participants will be able to:

- Share basic information on different types of club drugs;
- Debunk common myths surrounding club drug use;
- Explain various effects of club drug use, including signs of overdose;
- Share how the brain reacts when various club drugs are used;
- List 3-5 strategies to reduce risk related to drug use; and
- Develop strategies to engage PWUD in care, care retention, and drug-related harm reduction.

Prerequisite: General Substance Use 101

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Webinar: Depressants 101

Description: This 75-minute webinar will provide participants with knowledge and skills to understand and respond to depressants related overdoses. This course will provide an overview of how depressants affect one's emotional, mental, and physical abilities. This webinar will also identify treatment plans, risk behaviors and strategies to reduce risks related to depressant use.

Objectives: As a result of this training, participants will be able to:

- Share basic information on different types of depressants;
- Debunk common myths surrounding depressant use;
- Explain various effects of depressant use, including signs of overdose;
- Share how the brain reacts when depressants are used;
- List 3-5 strategies to reduce risk related to drug use; and
- Develop strategies to engage PWUD in care, care retention, and drug-related harm reduction.

Prerequisite: General Substance Use 101

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Webinar: Opioids 101

Description: This 75-minute webinar will provide participants with knowledge and skills to understand and respond to opioid related overdoses. This course will provide an overview of how opioids affect one's emotional, mental, and physical abilities. This webinar will also identify treatment plans, risk behaviors and strategies to reduce risks related to cannabinoid use.

Objectives: As a result of this training, participants will be able to:

- Share basic information on different types of opioids;
- Debunk common myths surrounding opioid use;
- Explain various effects of opioid use, including signs of overdose;
- Share how the brain reacts when opioids are used;
- List 3-5 strategies to reduce risk related to drug use; and
- Develop strategies to engage PWUD in care, care retention, and drug-related harm reduction.

Prerequisite: General Substance Use 101

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Webinar: Over the Counter Drugs 101

Description: This 75-minute webinar will provide participants with knowledge and skills to understand and respond to over-the-counter drug related overdoses. This course will provide an overview of how over the counter drugs affect one's emotional, mental, and physical abilities. This webinar will also identify treatment plans, risk behaviors and strategies to reduce risks related to cannabinoid use.

Objectives: As a result of this training, participants will be able to:

- Share basic information on different types of over-the-counter substances;
- Debunk common myths surrounding over the counter drug use;
- Explain various effects of over-the-counter drug use, and signs of overdose;
- Share how the brain reacts when over the counter drugs are used;
- List 3-5 strategies to reduce risk related to drug use; and
- Develop strategies to engage PWUD in care, care retention, and drug-related harm reduction.

Prerequisite: General Substance Use 101

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Webinar: Stimulants 101

Description: This 75-minute webinar will provide participants with knowledge and skills to understand and respond to stimulant related overdoses/overamp. This course will provide an overview of how stimulants affect one's emotional, mental, and physical abilities. This webinar will also identify treatment plans, risk behaviors and strategies to reduce risks related to stimulant use.

Objectives: As a result of this training, participants will be able to:

- Share basic information on different types of stimulants;
- Debunk common myths surrounding stimulant use;
- Explain various effects of stimulant use, including signs of overamping;
- Share how the brain reacts when stimulants are used;
- List 3-5 strategies to reduce risk related to drug use; and
- Develop strategies to engage PWUD in care, care retention, and drug-related harm reduction.

Prerequisite: General Substance Use 101

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Webinar: Naloxone Administration: Saving Lives from Opioid Overdose

Description: This 90-minute training reviews how the increased involvement of opioids in overdose deaths is changing the demographics of the opioid overdose epidemic and disproportionately impacting diverse populations. The changing patterns of the opioid overdose epidemic necessitate a rapid, culturally tailored and multifaceted public health response that appropriately targets and incorporates the needs of evolving populations at risk, including marginalized populations. This training will help participants understand the disproportionate impacts the overdose epidemic has on diverse populations, identify the principles and practices of cultural humility and illustrate strategies to improve health outcomes.

Objectives: As a result of this training, participants will be able to:

- Discuss the role of harm reduction in the overall opioid public health crisis;
- Identify potential opioid overdose signs, symptoms, and risk factors;
- Explore the various forms, and availability of Naloxone;
- Acquire knowledge to administer Naloxone, both intranasal and injectable methods;
- Detail emergency response protocols while waiting for professional medical assistance; and
- Describe the legal protections, and regulations surrounding Naloxone administration.

Prerequisite: N/A

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