

# September


S M T W T F S

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**GROUPS MEET AT 617 W. GENESEE ST,  
SYRACUSE**

**OPEN FOR SHAKE-UP  
MONDAYS/WEDNESDAYS AT 3:30**

 The Q Center @ ACR Health

 theqcenter\_at\_acrhealth

 theqcenterataacrhealth

the **Q** center  
at  
**ACR** Health

Central NY

## WHAT'S HAPPENING THIS MONTH!

### LGBTQ YOUTH & ALLIES (5:30-7:30)

9/2 CLOSED FOR LABOR DAY

9/9 EMOTIONAL & MENTAL WELL-BEING

9/16 FRIENDSHIP BRACELETS

9/23 CIVIC ENGAGEMENT

### LGBTQ YOUNG ADULTS (5:30-7:30)

9/4 SETTING BOUNDARIES

9/11 EMOTIONAL & MENTAL WELL-BEING

9/18 NARCAN TRAINING

9/25 CIVIC ENGAGEMENT

### QTS OF COLOR (5:30-7:30)

9/12 CONDOM OLYMPICS

9/26 FIELD TRIP! DETAILS COMING

### TWEEN TIME (SHAKE-UP 3:30, GROUP 4:30-6:30)

9/6 WHEN WORDS HURT US

9/20 ICE CREAM SOCIAL

### TGNCNB GROUP INTEREST MEETING AGES 13-29, 5:30-7:30

NO GROUP 9/2 AND 9/30

# September

the **Q** center  
at  
**ACR** Health

*Mohawk Valley*

## WHAT'S HAPPENING THIS MONTH!

**COMBINED LGBTQ YOUTH,  
YOUNG ADULTS & ALLIES (5:30-  
7:30)**

9/3 QUEER BOOK CLUB

9/10 BYO TERRARIUM

9/17 FINANCIAL LITERACY W/ FSCU


9/24 CELEBRATE BISEXUAL  
AWARENESS WEEK

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29	30					

**GROUPS MEET AT 287 GENESEE ST, UTICA  
OPEN FOR SHAKE-UP TUESDAY AT 3:30PM**

 The Q Center @ ACR Health

 theqcenter\_at\_acrhealth

 theqcenteratacrhealth



# September



*Northern NY*

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## WHAT'S HAPPENING THIS MONTH!




### LGBTQ YOUTH & ALLIES (5-7PM)

- 9/5 FRIENDSHIP BRACELETS
- 9/12 MAKE-UP WITH KATELYN
- 9/19 SETTING BOUNDARIES
- 9/26 TAROT NIGHT

### LGBTQ YOUNG ADULTS (5-7PM)

- 9/4 SETTING BOUNDARIES
- 9/11 PLANT PARENTHOOD
- 9/18 WHY VOTING MATTERS
- 9/25 LATE NIGHT: CRAFT NIGHT

**GROUPS MEET AT 210 COURT ST, WATERTOWN  
OPEN FOR SHAKE-UP  
WEDNESDAYS/THURSDAYS AT 3PM**

-  The Q Center @ ACR Health
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