REPORT
FROM THE BOARD CHAIR AND THE EXECUTIVE DIRECTOR

This has been a very big year of change at ACR Health. Our Executive Director of 26 years, Michael Crinnin, and our Director of Finance, Anita Bertrand, both retired within months. We have taken on additional office space throughout our nine-county service area because of program growth. Now, writing just following the election, there are threats to repeal Affordable Care Act, much of our program growth is thrown into uncertainty. So, in the spirit of Michael Crinnin, an original fighter in the AIDS crisis, we approach 2017 with our feet planted on the solid ground of 33 years’ experience and our steps guided by a worthy mission.

ACR Health has the willpower and strength to advocate: to End AIDS by 2020; to sustain Chronic Illness Care Management; for insurance coverage for all; for LGBTQ rights; and to be a source of health, support, and treatment options for those wounded by heroin.

While we don’t know exactly what will happen, we do know this: our clients matter and they count on us. Threats to repeal the Affordable Care Act are serious and we will do our best to navigate them successfully and continue to offer guidance about insurance.

New York Governor Andrew Cuomo is very invested in New York State of Health (NYSOH). Even if the Affordable Care Act is repealed, NYSOH is self-sustaining and has been operating on its own for two years now.

Our message to our consumers and clients is: update your insurance. Get tested. Know your status for HIV, Hepatitis C, and other sexually transmitted diseases. If positive, get into care. If negative, take PrEP — the daily pill that prevents HIV transmission. If you use injection drugs, enroll in Syringe Exchange. If you want to enter treatment, we’ll help you.

We won’t promise what we can’t deliver. We do promise to lead, to stand strong, to remain the agency that, forged by the AIDS epidemic, is ready now to End AIDS by 2020.
**REPORT**

**BOARD OF DIRECTORS**

**FROM THE BOARD CHAIR AND THE EXECUTIVE DIRECTOR**

Andrew London

This has been a very big year of change at ACR Health. Our Executive Director of 26 years, Michael Crinnin, and our Director of Finance, Anita Bertrand, both retired to pursue new adventures. Their long service to ACR Health has been a testament to the power of community and our commitment to providing comprehensive services to those in need.

**OUR MISSION:**

Chair

To create healthy communities within months. We have taken on additional office space throughout our nine-county service area because of program changes and increased demand. Our focus remains on advocacy and our steps guided by a worthy mission. ACR Health has the willpower and strength to advocate: to End AIDS by 2020; by opening doors to services to sustain Chronic Illness Care Management; for insurance coverage for all; for LGBTQ rights; and to be a source of treatment options for those wounded by heroin. While we don’t know exactly what will happen, we do know this: our clients matter and they count on us. Threats to repeal the Affordable Care Act are serious and we will do our best to navigate these changes and continue to offer guidance about insurance. New York Governor Andrew Cuomo is very invested in New York State of Health (NYSOH). Even if the Affordable Care Act is repealed, NYSOH is self-sustaining and has been operating on its own for two years now.

**OUR VISION:**

Anthony Adornato

A community in which every person has the opportunity to achieve optimal health and equality.

**OUR VALUES:**

Vice Chair

Commitment to Excellence

Respect for People and Community

Wellbeing

Integrity

Empowerment

Teamwork

**“END THE AIDS EPIDEMIC” UPDATE: ACR HEALTH IS LEADING THE FIGHT TO END AIDS BY 2020**

**From Central New York** where Paint the Town RED AIDS Awareness week was kicked off by Dan O’Connell, the Director of the AIDS Institute who proclaimed... “We’ve got HIV on the run,” as he assessed the statewide quest to lower new annual HIV infections to 750 cases statewide by the end of 2020. O’Connell, instrumental in convincing Governor Cuomo that New York could End AIDS by 2020, praised ACR Health for Central New York’s results, and said that New York is on target to meet its goal.

**To the Mohawk Valley** where Oneida County has experienced a surge in HIV cases... The New York State Department of Health reported a hike of new HIV cases in Oneida County with 21 residents were newly diagnosed in 2015-2016. In the four previous years, the number of new HIV cases was 12. News of the HIV spike prompted ACR Health Director of Prevention Services, Erin Bortel, to call for additional outreach to women and girls. The newly identified HIV cases included 12 men and nine women. On average women and girls represent 20% of all new HIV infections. The new Oneida County statistics were more than double that rate for women and girls.

**To the North Country** where memories of the AIDS epidemic run deep and World AIDS Day is a call to action... The first World AIDS Day was in 1988, when AIDS spread like wildfire, people died daily, and those left behind found no comfort. A World AIDS Day event on December 1, 2015 at Jefferson Community College featured red balloons to symbolize AIDS and at the end of the somber and hopeful readings, the staff and audience each took a red balloon and “STOMPED out AIDS.”

**To Minority Communities** where National Black HIV Awareness Day brought HIV awareness into mainstream African American life... Former Prevention Health Advocate Lanika Mabrey reached the heart of her constituency with “Black Love Matters,” a fun Friday night event geared for young people who like to go out and have a good time. Lanika meets people in their own comfortable space and educates them about HIV/AIDS which has claimed so many African-American lives. “It’s certainly possible to end AIDS,” Mabrey said, “but African Americans have to take HIV prevention to heart.”

**To Q Centers at ACR Health** where new programming will help gay youth stay HIV free... at a March 3, 2016 press conference, ACR Health announced a new program to serve 150 young gay men through testing for HIV, Hepatitis, and STDs; provide youth friendly services and safe space; use a positive youth development approach; employ new media and social networks; provide comprehensive sexual health education and safer sex supplies; and link clients with other prevention services, such as PrEP.
Volunteers (529 this year) are critical to the delivery of our services and programs

80 cents of every dollar at ACR Health went to client program and prevention services for the fiscal year July 1, 2015-June 30, 2016

ACR Health financial statements have been audited by Buffington & Hoatland CPAs. A completed audit is available at ACRHealth.org or upon request at AIDS Community Resources, Inc., doing business as ACR Health.
ACR Health would like to recognize the individuals, corporations, and organizations that support our mission. The donor list below reflects gifts we received between July 1, 2015 and June 30, 2016.

SILVER LEADER ($10,000 +)
- BNY Mellon Community Partnership
- Broadway Cares/Equity Fights AIDS, Inc.
- Empower Federal Credit Union
- Indium Corporation & Macarthy Family Foundation
- Jane DeLine Foundation
- Rosamond Gifford Charitable Corp.
- Anthony McEachern, Jeff Cercone, & Goga Miric

MAJOR LEADER ($5,000 +)
- Bradley Clifford Caine Memorial Fund
- Bristol-Myers Squibb Company
- Dr. Frederick & Dennie Farrar
- J.M. McDonald Foundation, Inc.
- Janney Montgomery Scott, LLC
- M&T Charitable Foundation
- Noble Health Services
- St. Lawrence University

SUSTAINER ($2,500 +)
- Anonymous
- Beast Mode Athletics
- Catholic Charities of Herkimer County
- Cathy J. Berry, MD and Associates
- Excellus BlueCross BlueShield
- Food Bank of CNY
- GAP Foundation Gift Match Program
- Kinney Drug Foundation
- MetLife
- Mithcell Schulman
- Frank C. Smith
- Wegmans

BENEFACCTOR ($1,000 +)
- Barkley Kalpak Associates, Inc.
- Jeff Bater & Timothy Irving
- Bell’s Brewery, Inc.
- Beltone Hearing (GN Hearing Care Corp.)
- Bousquet Holstein PLLC
- Brown & Brown of New York, Inc.
- Richard Bunce
- Robert & Diane Caine
- Century Heating + Cooling
- Countryside Veterinary Clinic, LLC
- Cristina de Moya
- The Hartford
- Hartford Fire Insurance Company
- Georjina Hegney
- Margi Kiefer
- Kohl’s - Community Relations
- Liverpool Elks-B.P.O.E. 2348
- Mid-State Raceway, Inc.
- Will Murtaugh & Rich Louer
- Network for Good
- Pioneer Management Group
- Quest Diagnostics
- The Robert Angelo Henty Foundation Inc.
- Robert Rose
- Samaritan Medical Center

SPONSOR ($500 +)
- Advanced Business Systems
- Allergy Care, PLLC
- Alejandro Arce Arellano
- Arc Of Onondaga
- Bank of America Employee Giving Campaign
- Darryl Bell & Thomas Nami
- William Blake II
- Carthage Federal Savings & Loan
- Colonial Laundromat
- Dave & Buster’s
- Maribel Diepaa
- Emmanual Congregational Church
- Fairmount Community Church
- First Niagara Bank
- Ann Folkman
- Austin Fowler
- John Gallagher
- Geddes Federal Savings
- Martha G. Hamner
- Katherine Hanna
- Howard Orthotics & Prosthetics, LLC
- Frances B. Hradil
- Innovative Physical Therapy
- Joshua Jones
- Jean Kassner
- Sarah F. Lariarome
- Nick Leabo
- Karin J. Leary
- Andrew London & Alan E. Curle
- Kenneth Martin
- Massartre, Ltd.
- McDonald’s - Utica
- Cyril & Marlene Muaikel
- Leah J. Mulcahey
- Laura A. Murgia
- Fayne Pace
- Danice & David Panasci
- Amy M. Patterrelli & Mary Riccardi
- Angela Petrucco
- Patricia Porter
- James A. Randall
- SEPA - Niagara Frontier
- Student Faculty Assoc-SUNY Upstate
- Sandy A. Sullik
- Adam Tripp
- Jeffrey Unsworth
- United HealthCare Services, Inc.
- Robert Wittman & William Bartle
- Zukowski Center for Cosmetic Plastic Surgery S.C.

PATRON ($250 +)
- Annonymous
- Anthony C. Adornato
- Aetna Foundation, Inc.
- Auxiliary Services of MVCC
- Peter Bailey
- Baldwinsville Rotary Club Foundation
- Bank of New York Mellon
- Berkshire Bank
- Black River Systems
- Wilfred Byron
- C.A.R.E. - Cancer Awareness & Researching Equality
- Carbone Automotive Group
- Catskill Spring Water
- Clean Seas Sports Bar & Grille Inc.
- Anthony Citadino
- Claptopmania
- Barry Cofin
- Colgate University
- Terri Cook
- Robert Coughlin
- Maureen Drulczewicz
- Marylene J. Dutsch
- Exelon Corporation
- Timothy A. Farley, PC
- Karen & Andrew Feltor
- GE (Energy AEPX)
- Hamilton College
- IBEW Local Union 43
- Ashley Jackling
- Sandra Jarvis
- Thomas Jerome
- Jorge Auto Repair
- Anna Jorgensen
- Kingdom Strongholds Ltd.
- Susan Kirstein
- George Kuckel
- Laci’s Tapas Bar
- M.B.Kayani Physician-Watertown Eye Center
- Patrick A. Mannion
- Marcy & Company Hair Studio
- Al & Susan Maxsewne
- Jeffrey McAn & Georgia Frank
- ACR Health McEachern & Michael Riecke
- Jane McCusker
- Mohawk Hospital Equipment
- Stephen Meyer
- Mueller Farms Landscaping Co.
- National Grid
- North Country Prenatal Council
- Michael Patane
- People for Magnerelli
- Jorge Petit
- Robert A. Pinkes
- Recess Coffee Company
- Jared & Alyssa Reles
- Danielle Robarge
- Rome Memorial Hospital

List continues on page 30
Jesuit Volunteer “Forever Grateful”

After finishing graduate school for biomedical engineering, I joined the Jesuit Volunteer Corps, a national service program with four values: community, simple living, spirituality, and social justice. As I end twelve wonderful months here, let me say that ACR Health is the full package.

Community - Our diversity makes us relevant and lets us speak with authority.

Simple living - Medicine or rent? Diapers or food? We help clients survive financial hardship.

Spirituality - We all have faith in tomorrow. We relentlessly promote messages of Safety First and self-worth.

Social Justice - We open the office every day ready to heal what wounds we can and fight to bring people in from the margins.

“What a privilege this year has been!”
Andrew Lynch

How will you live 2017 to the fullest?
If you want to be part of a caring community, resolve to volunteer with ACR Health. Opportunities abound!

Volunteer@ACRHealth.org • ACRHealth.org/volunteer

Brooke Hendricks
Jesuit Volunteer for 2016-2017
### 2017 Calendar

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### Events

- **January 1**: New Year’s Day
- **January 15**: Martin Luther King, Jr Day
- **February 26**: Chinese New Year
- **February 26**: 5th Annual Eddie Fund Party 5:30 p.m. at Laci’s ACRHealth.org/events

### Volunteer News

- **ROCKSTAR VOLUNTEER**
  - Cristina De Moya is on the Events Committee. Cristina is a quiet tiger who works behind the scenes, out of the spotlight to raise thousands of dollars to support ACR Health.

- **EXCEPTIONAL VOLUNTEER**
  - Mike Kyle-Ducharme, the reliable master strategist of AIDS Walk/Runs since their start in 1993 was honored as the United Way of Central New York Exceptional Volunteer of the Year on April 20, 2016.

### Statistics

- **2015-2016 ANNUAL REPORT**
  - 529 Volunteers
  - 27 Interns
  - 11,320 hours of service

### 2017 Resolution

Make 2017 a meaningful year. Contact Mary Doody, Director of Volunteers Services at Volunteer@ACRHealth.org or 475.2430
John doesn’t remember making a conscious decision to use crack cocaine. He was just hanging out with friends, drinking beer and smoking weed; and when crack was offered he tried it; and for the next 30 years he just could not let crack go.

John blew through two marriages and slept on the streets. He was in and out of prison; and twice tried to commit suicide. “Nothing mattered except getting high,” said John. “It was the only thing in my life.”

By 2014, John was exhausted and his health was failing. He entered treatment and finally let the demon go. “I have changed completely and I have a new life. I am at peace. I laugh and I have fun.”

Today John is employed at the Rescue Mission, but he has solid plans for the future. Care Manager Amber Preston, who smoothed his transition through treatment, is facilitating John’s enrollment in Mohawk Valley Community College where he will train to become a drug counselor.

“I’m very proud of John,” said Amber. “It is rare to see someone, once out of treatment, still be so motivated. Reality motivates John. He’s going to beat the odds.”
The rate of new HIV infections among Black adults/adolescents is 8 times that of whites.

BE THE CHANGE!
Compete in Sled for RED
7th Annual Cardboard Sled Derby
• Form a team
• Build a sled (cardboard, tape, & paint)
• Raise a minimum of $250

SUPPORT THE Q CENTER!
Join us for BLOWOUT 2017
“FreeForm- A Fantasy Hair Show”
• Attend the show - Be a VIP
• Volunteer or Participate
• Cheer for your favorite salon

Register and learn more: ACRHealth.org/events

2015-2016 ANNUAL REPORT
CARE MANAGEMENT SERVICES
Number of clients who received ACR Health Care Management Services:
1,381

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“I am transgender, and while I have faced many hardships and struggles I have come to understand that throughout my journey I have been very fortunate to receive generous amounts of support and acceptance.

“Originally, I wished to stay ‘stealth.’ I just wanted to be myself without anyone knowing I was transgender. However, I saw many hardships that other transgender people faced regularly and found them disturbing and moving.

“I realized I needed to make more of my fortunate circumstances, and ‘pay it forward.’ I realized I had to put myself out there so the world could see another example of what it is to be transgender and to advocate for others like me. In doing so I have made great strides towards comfort within myself.”
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TRANSGENDER HEALTHCARE IN TRANSITION
ACR Health presented a first of its kind conference for medical and mental health providers which explored the experiences of transgender patients and provided evidence-based strategies for improving health outcomes.

JULY 1, 2015-JUNE 30, 2017
ACR HEALTH Q CENTERS ACTIVITIES

344 support groups
• 400 LGBTQ youth participating
• 32 support groups
• 67 parents of transgender or gender nonconforming children participating
• 68 youth received mental health assessments and referrals to LGBTQ affirming clinical counseling services

2017

2017

2017
Angela Wong has engaged in the most important fight of her life as she campaigns to keep other women from contracting HIV like she did. She shared needles while injecting heroin and unknowingly shared with someone who had AIDS. Since the low point of her HIV diagnosis 27 years ago, Angela has battled and won against addiction to drugs, mental health issues, and domestic violence. Now, with a significant HIV outbreak in Oneida County, Angela is sharing her story widely and with enthusiasm. Angela acts as a Peer Educator on Safety First Outreach talking woman to woman, and sharing tactics for keeping oneself safe.

“There are a lot of pressures on a woman to go along, to trust, to let down her guard to somehow prove she cares,” said Angela. “What she needs to care about most is herself, her health, and living in a community that’s free of new HIV cases.”

“Angela has a warm welcoming attitude and has a passion for helping her community,” said Prevention Health Advocate Johanna Johnson. “She takes on every task with a positive attitude. We are so very lucky to have Angela as a part of our team.”

HIV Cases Increase Sharply in Oneida County
21 Oneida County residents were newly diagnosed with HIV in 2015-2016. In the four previous years, the average number was 12. Seven of the newly identified HIV cases were women under the age of 25.
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ACR Health's Safety First Outreach encourages women and teenage girls in the Mohawk Valley to learn about the risks of HIV/AIDS; take actions to protect their health; get tested for HIV and taking prevention medication PrEP. ACRHealth.org/prevention

HELP END AIDS BY 2020

19th AIDS Hike for Life

Get involved!
• Create a personal fundraising page
• Recruit or join a team
• Become a sponsor
• Volunteer

BE THE CHANGE!
Register and learn more:
ACRHealth.org/events

Ryan White died of AIDS 1990

NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY

84% of women with HIV are infected through heterosexual sex.
16% are infected by sharing needles.

ACR Health's Safety First Outreach encourages women and teenage girls in the Mohawk Valley to learn about the risks of HIV/AIDS; take actions to protect their health, get tested for HIV and taking prevention medication PrEP. ACRHealth.org/prevention

NATIONAL YOUTH HIV/AIDS AWARENESS DAY

16% are infected by sharing needles.

84% of women with HIV are infected through heterosexual sex.

HELP END AIDS BY 2020

19th AIDS Hike for Life

Get involved!
• Create a personal fundraising page
• Recruit or join a team
• Become a sponsor
• Volunteer

BE THE CHANGE!
Register and learn more:
ACRHealth.org/events

Ryan White died of AIDS 1990
ACR Health opened a medical clinic to provide health care for injection drug users, including the 2,000 individuals enrolled in ACR Health’s Syringe Exchange Program.

Dr. Laura Martin DO is Medical Director of the clinic. “This clinic is a next logical step in New York’s quest to end AIDS by 2020. If we can’t get people into healthcare, there’s no hope to end AIDS.”

“Injection drug users often suffer from untreated abscesses on their skin where they inject heroin, but they go without treatment, often because they don't trust the system,” said Substance Services Coordinator, Nicole Gibson. “When they use our clinic, they can enroll in a health insurance plan that covering medical treatment when they need it.”

The Safety First Medical Clinic was established through a five-year $150,000 per year grant from New York State Department of Health AIDS Institute. In addition to the state grant, Noble Health Services, Inc. provided a $20,000 grant for general support.
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**SAFETY FIRST MEDICAL CLINIC:**
85 clients through September 2016

2015-2016 ANNUAL REPORT
184 individuals referred to treatment
82 individuals entered treatment

NARCAN TRAINING AVAILABLE
800.475.2430
Narcan@ACRHealth.org

2015-2016
More than 2000 community members trained

**PAINT THE TOWN RED**
**KNOW YOUR STATUS!**
ACRHealth.org/prevention

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<td>Harvey Milk Day</td>
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<td>Memorial Day</td>
<td>Paint the Town RED 10:00 a.m. Clinton Square</td>
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**APRIL**

**JUNE**
The AIDS Walk/Run has been the powerhouse that built, has sustained, and expanded youth programming since 1993. ACR Health now has three Q Centers for lesbian, gay, bisexual, transgender, and questioning youth and their allies: The Q Center in Central New York, the Q Center in the Mohawk Valley, and the Q Center in Northern New York offer support groups, extensive after-school programs, case management services, and computer access, as well as social and cultural activities.

The 25th Annual AIDS Walk/Run, ACR Health’s oldest fundraising event, takes place Sunday, June 4, 2017 at Beaver Lake Nature Center in Baldwinsville.

Then as now, youth education was a prevention priority. “We had started a youth HIV prevention program the year before with no money on hand. It was imperative to get into schools and educate kids about HIV – or lose another whole generation,” said Murtaugh.

Now ACR Health Executive Director, Wil Murtaugh was an unpaid volunteer when he created the AIDS Walk/Run as a way to fund HIV education for youth and emergency needs could be to secure a person’s safety, for housing when those with AIDS were suddenly homeless, or to cover legal or funeral expenses.

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2017

AIDS first detected 1981 Caribbean American HIV/AIDS Awareness day

Flag Day

National HIV Testing Day

2014:
NY announces plan to End AIDS by 2020

Father's Day

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

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10:00 a.m. Beaver Lake Nature Center

ACRHealth.org/events

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Flag Day

National HIV Testing Day

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Father's Day
2015-2016 ANNUAL REPORT: ACR HEALTH YOUTH SERVICES:

- Provided education to 1,200 young people surrounding HIV, STD and pregnancy prevention
- Staff provided individualized risk reduction counseling and referrals for HIV/STD/HCV testing, syringe exchange and case management to 137 young people

HELP END AIDS BY 2020

25th AIDS Walk/Run

Get involved!
- Create a personal fundraising page
- Recruit or join a team
- Become a sponsor
- Volunteer

BE THE CHANGE!
Register and learn more: ACRHealth.org/events

Help us reach our goal: $200,000!!!!
Life After Heroin

In her first year at Syracuse University, Marie didn’t have any friends and she desperately wanted them. She and her boyfriend had already been experimenting with drugs by the time they started sniffing heroin. With needles, the highs were more intense, but so were the lows. Marie flunked out of school, her parents kicked her out of the house, and she was arrested multiple times for shoplifting. Marie’s luck changed with her fifth arrest. Given the option, she chose drug court over jail.

“It wasn’t just about avoiding jail after a while. I wanted a better life – like the old life I had.”

Marie’s recovery took her to a halfway house in Utica for several months where she connected with ACR Health’s Women’s Program.

Marie has now moved back into her parents’ home in suburban Syracuse, re-enrolled at SU, and is working part-time – just like old times. “I’m living proof that you can overcome drug addiction and turn your life around.”

“Marie used our Syringe Exchange Program, back in the day, when she was using the bathrooms at Burger King to clean up and then coming here for food and clean needles. Marie is a beautiful girl. She was brave and strong, and owned up to the facts of her life. I’ve always known she was going to make it,” said Belinda Felder, Syringe Exchange Coordinator.
Life After Heroin

In her first year at Syracuse University, Marie didn’t have any friends and she desperately wanted them. She and her boyfriend had already been experimenting with drugs by the time they started sniffing heroin. They went on to sell drugs and commit crimes such as shoplifting. Marie was arrested five times for these offenses. Given the option, she chose drug court over jail.

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“Marie used our Syringe Exchange Program, back in the day, when she was using the bathrooms at Burger King to clean up. Now, she comes in for a rash of other things. I’ve always known she was going to make it,” said Belinda Felder, Syringe Exchange Coordinator.

2015-2016 ANNUAL REPORT

2,083 enrolled in Syringe Exchange
2,130 trained in Naloxone

TESTING SERVICES
1,225 – HIV
204 – Hepatitis C
367 – Syphilis

If you know someone who needs a supply of clean needles, please call 800.475.2430 or SEP@ACRHealth.org

HEROIN CRISIS
• In 2010, there was 1 heroin death in Onondaga County.
• In 2015, there were 34 heroin deaths in Onondaga County.
• Oswego County’s rate of drug addicted newborns is 137 per 10,000 - NY state rate is 72.
• In Jefferson County, the opioid overdose death rate was up 300% in 2014.
• Rome City police responded to more than 40 overdoses in 2013.

If you know someone who wants to be tested for Hepatitis C, HIV and other sexually transmitted infections 800.475.2430 or testing@ACRHealth.org
**Eating to Live**

Cindy had to re-learn food lessons of a lifetime to meet the goals she set for herself in the Nutrition Health Education program. “What could I possibly learn at my age?”

For starters, she learned that she ate too little fresh fruit and vegetables and too much processed food containing salt. The salt contributed to high blood pressure. She had blood pressure readings as high as 165/110.

By lowering her salt intake, eating fresh fruits and vegetables, and exercising, Cindy lost ten pounds. She was ecstatic when she achieved a blood pressure reading of 104/75. Cindy credits her increased energy and a better quality of life to her new healthy lifestyle.

“Rather than telling people what they can’t eat,” said Nutrition Educator Gabrielle Mayfield, “we like to focus on foods and activities that people should be increasing like fruits and vegetables, water intake, and exercise.”
Eating to Live

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ACR Health provides extensive Support Services Staff to help individuals with HIV/AIDS who are eligible for Ancillary Services like Housing, Nutrition Education, and Employment Assistance.

- 44 clients have secured jobs
- Of those, 37 had received public assistance prior to obtaining employment, and the other
- More than 60% of the clients were hired above NYS minimum wage.
- More than 60% of clients obtaining employment were older than 35

2015-2016 ANNUAL REPORT

1,381 – Care Managed Clients
588 – HIV Positive Individuals served by ACR Health

HOPWA
Housing Opportunities for People with AIDS
133 Housed in 2015
In the effort to end AIDS by 2020, the state has dispatched a small army of educators to spread the word about PrEP (pre-exposure prophylaxis) the once daily pill that is 99% effective in preventing the transmission of HIV.

27-year-old Corbin Bryant is a foot soldier in that small army. On street outreach he goes to places where people gather and sparks conversation by handing out condoms then he segues to PrEP. “Let me tell you about this pill that is 99% effective at protecting you from HIV.”

They still need to use the condoms Corbin dispenses because PrEP doesn’t protect against chlamydia, gonorrhea, or any other sexually transmitted disease. But it is very effective at stopping HIV, a disease that has taken millions of lives and still has no cure.

“One of the most common myths about PrEP is that it’s only for gay men. It works for everybody and my message is if you are sexually active you need PrEP.”

Another HIV prevention medication is now available to individuals following an unprotected sexual encounter. PEP – post exposure prophylaxis – is a pill that will protect from HIV transmission if started within 72 hours after exposure. PEP is available at emergency departments.
In the effort to end AIDS by 2020, the state has dispatched a small army of educators to spread the word about PrEP (pre-exposure prophylaxis), the once-daily pill that is 99% effective in preventing the transmission of HIV.

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Jeff Kalpak supports ACR Health by opening doors to downstate resources for the upstate enterprise of Q Centers for LGBTQ youth throughout our nine county service area.

“I’m in a loving relationship of 22 years with my husband, Oskar. But in the blink of an eye I can flash back to that age, to that time when I had so many insecurities and so many questions, and no place to find answers and support.”

Jeff wishes there had been a Q Center – a place to be authentic and be accepted - back when he was at Syracuse University in the 1980s.

“Even when you are loved by your parents, you go through a gut-wrenching stage of uncertainty. I had a loving family but not everyone has the opportunity for love. The Q Center does the work of angels.”

Jeff Kalpak
Q center supporter from New York City

Equality
NOPE (Narcotics Overdose Prevention Education) Vigils will be held October 26 in Syracuse, Watertown, and Utica.

The candlelight vigils strive to raise awareness and open the doors to recovery by eliminating prejudice toward injection drug users.

HEALTH INSURANCE
Open enrollment begins November 1
Call 800.475.2430
or email Navigator@ACRHealth.org

HELP END AIDS BY 2020
18th Annual First Frost AIDS Walk/Run

Get involved!
• Create a personal fundraising page
• Recruit or join a team
• Become a sponsor
• Volunteer

BE THE CHANGE!
Register and learn more:
ACRHealth.org/events

Columbus Day

National Coming Out Day

NOPE Vigil

AIDS Walk/Run
1:00 p.m. Thompson Park
Zoo and Conservancy
Watertown
ACRHealth.org/events

SUNDAY  MONDAY  TUESDAY  WEDNESDAY  THURSDAY  FRIDAY  SATURDAY

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Before she found ACR Health, Teresa Willems could not afford health insurance and, with a husband and two young children, she could not afford to go without it.

Then Teresa learned about the new Essential Plan, a low cost or no cost health insurance plan with low co-pays that covers ten categories of Essential Health Benefits. It is designed to help working people with low annual incomes (under $23,540). Its premiums are $20/month.

“The Essential Plan took a lot of pressure off me. ACR Health navigators helped me understand all the language and options,” said Teresa, “and this insurance is something we can afford.”

Navigator Emily Williams, one of 15 who have collectively helped 30,000 New Yorkers enroll in health insurance, said the Essential Plan has solved what seemed an impossible problem for many. “The Essential Plan can change lives and give peace of mind to countless people who previously couldn’t afford health insurance. This is how insurance should be.”

Steve Wood, right, supervises 22 staff who, in addition to health insurance, offer services through: Community Health Advocates; Minority Outreach (ADAP); Facilitated Enrollment for Aged, Disabled, and Blind; and Managed Long Term Care Ombudsman.
### SUPPORT ACR HEALTH

Georgina Hegney, an Episcopal Priest, has a personal commitment to the work and youth of ACR Health and the Q Centers.

Generally, Georgina says she gives—spiritually and financially—where she sees a need. “Some people are hurt, neglected, and lost.” She calls it her “‘baptismal covenant’ to respect the dignity of every human being.”

November 28, 2017

“Giving Tuesday”

After you have eaten, and shopped your fill, turn your thoughts to ACR Health and the work we do. We stop the hunger, we buy the coat, we address the homelessness. Will you help us?

ACRHealth.org/donate

Thank you for your kindness in supporting the people we serve.

Sign up to be a Holiday Angel
ACRHealth.org/events

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**DECEMBER 14**

*Holiday Open House*

Syracuse
4:30 – 6:30 p.m.

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**DECEMBER 21**

*Transgender Day of Remembrance*

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**DECEMBER 28**

*Giving Tuesday*
World AIDS Day, held on December 1 each year, is an opportunity for people worldwide to unite in the fight against HIV, show their support for those living with HIV, and to commemorate people who have died.

AIDS was just a blip on the world scene with detection of a handful of cases in 1981. By 2015, 36.7 million people were living with HIV, up from 33.3 million in 2010, the result of continuing new infections, people living longer with HIV, and general population growth.

2016 data shows that the declines in new infections observed earlier in the epidemic have stalled and HIV infections are now rising in some areas of the world.

In New York, we hope to End AIDS by 2020 – have fewer than 750 new infections annually. We will beat HIV – and we will always remember the ones we lost to the epidemic.

More precious was the light in your eyes than all the roses in the world.
Down, down, down into the darkness of the grave,
Gently they go, the beautiful, the tender, the kind;
Quietly they go, the intelligent, the witty, the brave.
I know. But I do not approve. And I am not resigned.

-- Edna St. Vincent Millay
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The Mission of ACR Health: Creating healthy communities by opening doors to services that enhance the wellbeing of all.

BE THE CHANGE!
ACRHealth.org/donate
CORPORATE AND COMMUNITY FINANCIAL SUPPORT - CONTINUED FROM PAGE 5

Jennifer Chase
Richard Chester
Patricia Clark
Diane Collins
Linda & Steve Conner
Robert L. Cook
Cortel Improvement, LLC
Marlene Costanzo Denney
Karen Cotter
Donald & Barbara Coughlin
Phyllis Creamer
Creations by Nella
Caitlyn Dale & Ashley Hasen
Johnathan N. Daniels
Jennifer Das
Mary Beth Davis
Sandra Davis
Theresa A. Deegan
Janet Denton
James Denuel
Lisa & William DiCosimo
Natalie Dilibauga
Dr. Walter Doddar
Karen Dunn
Stacey Dupee
Charles Eberth
Cheryl Egan
Ronald Ehret
Linda & John Erickson
Robert Fellman
Roxanna Fiore
Rebecca Fisher
James Fleming
Kimberly & Ronaldo Fragetta
Dominick M. Frasciello
Todd & Melissa Freebern
Fringe Salon & Spa Inc.
Margaret Fusco
Theresa Fusco
Mary Gaffney
Anne Gano
Richard D. Gasiorowski
Charles Getman
Cody Gilkeson
Ken Goldberg
Good Morning Realty, Inc.
Grainger - JK Group Inc.
Ciara Granieri
Maja Gray
Timothy Gregory
Erin Grieves
Grossman St. Amour CPAs PLLC
Megan Grosso
Jane Guiles
Kate Guthrie
Jane Haddad
Jennifer Haley-Saff
Roger Hallas
Sandra Hanna
Douglas Hanna
Vanessa Hargrave
Barry Hargrove
Maureen Harrington O’Neill
Shari Harrison
Sarah Hart

Dr. Eric MacMaster
Cynthia Maldonado
Tiffany Malossini
Mary Y. Maltbie
Vince Managain
Lorraine Manzella
Marisa’s Fortress of Beauty
Mary Marshall
Rich Lanning & Pamela Martin-Lourer
Peter Massi
Ann Matus
Joe Mezzanine
Theodore & Susan Maxsween
Norman Maywright
Michael Mazzullo
Jo Ann & Tom McAllister
Dennis McAndrew
Teressa McCarthy
Frederick McGraw
Ken Meneley
Heather McNiel-Keckel
Marcia Mele
Sean Merrill
Millennium Development, LLC - Hilton Garden Inn
Michaelene L. Milo
Mayor Stephanie A. Miner
Pavel Minchenko & Anna Anoufiyeva
Ann M. Mittermeyer
Marjatt Moinas
Ivan Montalto
Mark Mulvany
John Murphy
Margaret Murphy
Elizabeth J. Murtaugh
Cathleen Nash
Rachel H. Nelson
Linda Ness
Rebecca Newman
James Newton
Kathryn A. Nickerson
Joanne M. Nugent-Ward
John O'Connell & Gretchen Hartman
Samantha O’Hearn
Mildred Orey
Ryan Orts
Elaine Pershagen
Mark Phillips
Kim Phillips
Shari Pirsips
Mary Piazza
Joanne M. Piccirilli
Dale Pierce
Dana Pilloni
Karen Pisciriano
Eileen Pomeroy
Carrie & Stacey Portzline-Large
Nancy R. Radke
Robert Raphael
Lydia Rappolt
Mark Reynolds
David L. Reed
Tim Reitz

Mary Grace VanNortwick
Eric Virkler
Vogue Hair Design
Kevin & Nancy Walker
Anne Waldoff
Kevin Walsh
Warthogs Motorcycle Club of Jefferson County
Cheryl Welles
Sandra Wexler & Jeff Wexler
Johan & Maria Wiklund
Catherine Williams
Witty Wigs Candles, LLC
April Wojcik
Steve Wood
David M. Woodruff
Renae Woods
June Worden & Karen Piraino
John A. Wrape
Duane Wright
Amber Zenczy
Madeline Zeiberg
John Ziegler & Dave Travers
Steven Zogg
Loreta Zolkowski

AIDS WALK/RUN LEADER ($7,500 +)
Chuck Simpson
Bill P. Louer

AIDS WALK/RUN SUSTAINER ($5,000-7,499)
Carmen A. Sweet

AIDS WALK/RUN BENEFACCTOR ($2,500-4,999)
Marylene J. Duah
Mark MacBain
Wil Murtaugh

AIDS WALK/RUN SPONSOR ($1,000-2,499)
David Cotter
Barbara Coughlin
Deborah A. O’Angelo
Hilary Davis
Cristina de Moya
Tamara Delgado-Fragetta
Monica Eversky
Cheri A. Giancola
Jacki Hannon
Mangi Kiefer
Nick Levan
Rachel Leonardo
Joe Maxsween
Janice A. McNamara
Jeannine M. Murtaugh Reath
Thomas A. Nami
Carrie Portzline-Large
David M. Rezak
Will Sudderth
Heidi Venero
Jennifer Woodman

AIDS WALK/RUN PATRON ($500-999)
Tom Angiolillo
Sharon Barboza
Darryl Bell
Tamara Charette

Crazy Daisies
C's Farm Market
Cupcakes
Daniella’s Steakhouse
Dave & Buster’s
David Bohnett Foundation
Cristina de Moya
Destiny USA
Dinosaur Bar & Char, Inc.
Domino’s Pizza
Eagle Beverage Co.
Edible Arrangements
Empire Brewing Company
Empire Signage
Fairmount Community Church
Frederick M. Farrar
Fayetteville Fire Department
Roxanna Fiore
Foamalicious.com
Four Seasons Golf & Ski Center
Jessica Fox
FOX-8 WSYT
Freihofer’s Bakery
Freihofer’s TipS Shop
Frito Lay - Central New York Zone
Funny Bone Comedy Club
Garabaldi’s
Gianelli Sausage
Grandjean and Wagner
Greene’s Ale House
Hannaford Supermarkets
Anthony Henrie
Hilton Garden Inn
Hullar’s Restaurant
Interreligious Food Consortium
Sandra Jarvis
JetBlue Airways
Julie’s Place (Karens Catering)
Koto Japanese Steakhouse
Laci’s Tapas Bar
Lakeland Winery
Bella Lanzafame
Karim J. Leary
Legends Leadership Concepts, Nathan Elend
Lighthouse Lanes
Liverpool Golf & Public C.C.
Bill P. Louer
Kimberly Maker
Marmy & Company Hair Studio
McDonald’s
Pam McHenry
Kim Mehoff
Metro Fitness
Meyer Farm Distillers
Microsoft
Microsoft Store - Destiny USA
Midnight Sun
Midoma
Sue Miller
Modern Malt
John Mulcahey
Lynne Mulcahey
Murdoch’s Bicycles & Sports
Murphy’s Specialized Pastry LLC
Martine & Glenn Nelson

GIFT IN KIND

95X - Cumulus
Adirondack Scenic Railroad
All Souls Unitarian Universalist Church
Americana Vineyards
Aramark
Kelly’s Klassic Kone & Apparel
Michael J. Compagni & Joseph Moore
Terri & Vince Cook
Cook’s Jewelers
Corso’s Cookies
Country Max Support Center

Crazy Daisies
C’s Farm Market
Cupcakes
Daniella’s Steakhouse
Dave & Buster’s
David Bohnett Foundation
Cristina de Moya
Destiny USA
Dinosaur Bar & Char, Inc.
Domino’s Pizza
Eagle Beverage Co.
Edible Arrangements
Empire Brewing Company
Empire Signage
Fairmount Community Church
Frederick M. Farrar
Fayetteville Fire Department
Roxanna Fiore
Foamalicious.com
Four Seasons Golf & Ski Center
Jessica Fox
FOX-8 WSYT
Freihofer’s Bakery
Freihofer’s TipS Shop
Frito Lay - Central New York Zone
Funny Bone Comedy Club
Garabaldi’s
Gianelli Sausage
Grandjean and Wagner
Greene’s Ale House
Hannaford Supermarkets
Anthony Henrie
Hilton Garden Inn
Hullar’s Restaurant
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Liverpool Golf & Public C.C.
Bill P. Louer
Kimberly Maker
Marmy & Company Hair Studio
McDonald’s
Pam McHenry
Kim Mehoff
Metro Fitness
Meyer Farm Distillers
Microsoft
Microsoft Store - Destiny USA
Midnight Sun
Midoma
Sue Miller
Modern Malt
John Mulcahey
Lynne Mulcahey
Murdoch’s Bicycles & Sports
Murphy’s Specialized Pastry LLC
Martine & Glenn Nelson
CORPORATE AND COMMUNITY FINANCIAL SUPPORT

Jennifer Chase
Richard Chester
Patricia Clark
Diane Collins
Linda & Steve Conner
Robert L. Cook
Cortel Improvement, LLC
Marlene Costanzo
... Haley-Saiff
Roger Hallas
Sandra Hanna
Douglas Hanno
Vanessa Hargrave
Barry Hargrove
Maureen Harrington O’Neill
Shari Harrison
Saranac
Sensibility Outfitters
Servpro
Michael Shelton
John Silvaggio
Skyzone Syracuse
Sherry Spaulding
Tamaralee Shutt
Speach Family Candy Shoppe, Inc
St Mark’s Episcopal Church
St. Mark’s Episcopal Church Bible Class
St. Mary’s Church
Starbucks - Clay
Starbucks - Fayetteville
Stewart’s Shops
Carol Sweet
Sweet Frog
Sweet On Chocolate
Syracuse Chiefs Charitable Foundation
Syracuse Crunch Hockey Club
Syracuse Gay & Lesbian Chorus
Syracuse New Times
Syracuse Silver Knights
Syracuse Stage
Tarloi Massage Therapy
Taste of the World
TCB Tattoo
Texas Roadhouse
The Fitnes Mill
The MOST
The Picture Connection
The Press Box
The Restaurant Group
The Newman Center
MCMC Enterprises, LLC
Tranquil Memories
Jeff Unaitis
Uno Pizzeria & Grill
Utica Pizza Company
Utica Roasting Co.
Ray Van Cuyck
Ludger Vieffhuys-Bailey
Vicki Walters
Walter Street Cafe
Frank Watson
Wayne’s Drug Store
W&G Mason
Adrienne White
Wrap It Up!
Elizabeth Wright

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Chuck Simpson
Bill P. Louer

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Barbara Coughlin
Deborah A. D’Angelo
Hilary Davis
Cristina de Moya
Tamara Charette
Fred Collins
Kelly Conroy
Cheryl Ann Costa
Donald C. Coughlin
Carolyn Delohn
Peter Emery
Timothy Farrell
Nikki Fenmore
Kristie L. Fuller
Theresa Fusco
Cody Gilkeson
Maureen Harrington O’Neill
Nicki Jennings
Theone Kalkinis
JoAnn Kennedy
Jessica Kordas
Jackie la Mott
David G. Large
Craig Lavere
Robert Leo
Kathie Liberatos
Lanika Mabrey
Kenseith Martin
Anthony McEachern
Jaimie Mcintosh
Steve Mendrek
John Murray
Mary Mulcahey
Robert A. Pinkes
Jennifer A. Plis
Michael Riecke
Cynthia Roundy
Brandy Snyder
Erica G. Thomas
Bonnie Towles
Annie Tuttle
Derek Vinclua
Tom F. White
Steve Wood

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Adirondack Scenic Railroad
All Souls Unitarian Universalist Church
American Vineyards
Aramark
Kelly Ashe
Attilo’s Restaurant
Bimbo Bakeries (Freihoffers) #8679
Bistro 197
Bon Appetit Management Co.
Boulevard Bakers
Brueggers Bagels - Syracuse
Bull & Bear Roadhouse
Byrne Dairy Corporate Office
Cakes Go Galore
Canal Walk Cafe
Canale’s Restaurant
Carbon Automotive Group
Paul Carroll
Cathy’s Corner Cafe
Cheeky Monkey Foods
Chipotle
CNY Awards & Apparel
Michael J. Compagni & Joseph Moore
Terri & Vicente Cook
Cook’s Jewelers
Corso’s Cookies
Country Max Support Center
Murphy’s Specialized Pastry LLC
Martine & Glenn Nelson
Cheryl Nichols
Olive on Brooklea
Ormond Entertainment
Oswego Bagelry
Oswego Cinema
Oswego Sub Shop
Owl’s Landing Farm
Pastabilities
Amy Penfield
Peppino’s & La Taqueria
Pinnacle
Pitchoer Hill Community Church
Beth Pratt
Price Chopper
Marsol Kaspadlo
Raymour & Flanigan Furniture
River’s End Bookstore
Royal Treatment Day Spa
Lisa Sacco

Shari Harrison
Sarah Hart
Terry Hausserman
James W. Hazen
Marjorie Head
Health & Welfare Council of Long Island
Sharra Heintz
Gerald Hettick
Derek Hodkey
Carlton Holmes
Susan Horn
Jerald I. Horowitz
Richard D. Horowitz
Mark Hyde
Cyndi Hynes
Nicholas Internicola
Ger I. Jackson
Richard Jaeger
Jay-K Independent Lumber Corp.
Jeff Lewis SEFA Campaign
Allyn Jones
Mara Juneau
Theone Kalkinis
Esther S. Kanipe
David Karr
John D. Keese
David Kellicut
Alfred H. Kelly
George Kelly
Michael & Shirleyanne Kennedy
Marcia Kertrick
Ethan Kizcek
Mary S. Kinsella
Doug Kipp
David & Cynthia Kirby
Wayne Kirby
Clifford Knickerbocker
Lori & Stanley Kozlowski
Jonathan P. Krans
Eric R. Kuehmeier
The Kuyahoora Valley Foundation, Inc.
Kathy Laabs
Julie M. Lapointe
Holly K. LaRock
Jane G. LaRock
Lynn Latella
Jason Laureano
Jill M. Laureano-Surber
Craig Lavere
Cherie Le Blanc
Patricia Lebel
Tina Lee
Dorothy Lennon
Robert Leo
Diane Leonardo
Michael Lesser & Susan Fortin Lesser
Rachel Lewis
Ed Limbert
Christine Lindsey
Carol Long
James Lorenz
Donna Loucks
Brian & Catherine Louer
Vincente Lucci
Kevin & Lori Ludlam
Coy L. Ludwig
Patricia Luke-Perless
Maureen Lundy-Way
M & D Financial Inc.
Steven Mabowtz
Mark MacBain

David L. Reed
Tim Reitz
Kate Renzi
Frank C. Rice
Marissa & Derrek Rice
James & Mary Riecke
Kim Riepel
Chip Riley
Rosann Rolchigo
Mary A. Romanino
Erisa Sauls
Cynthia Roundy
Ginger & James Ruudock
Francisco Ruiz
Ruthanne Sanchez
Frederick Sanger
Peter Sarver
Mimi Satter
Jennie & Frank Savinelli
Maryanne Scala
Samara Schermerhorn
Daniel Schwebe
Betty P. Schlieder
Lauren Schneider
Herbert Schmetz
Sedgwick Business Interiors
Robb Sharp
Craig Shipman
Steven & Sandra Shore
Tamaralee Shutt
Chuck Simpson
Perry Singleton
Jessica Sloma
Fred Smith
Larry Smith
Nicholas Smith
Patsy Smith
Sally Smith
Elon Smathers
Jennifer Sopko
St. Margaret’s Corp. of Utica, NY
Michelle Stacer-Bransfield
Michaelieenny & Nickolas Stamoulacatos
Mariaan Starn
Bonnie M. Staring
Donna Steiner
Peter C. Steinbrugger
Sarrah Stewart
Lorrie Strauch
Brooke Strauss
Timothy Sullivan
Sweet On Chocolate
Bruce & Cheryl Swift
Stephen Swift
Katherine Taisey
Linda Tanaka
Brian Taralli
The Std Studio
Virna Thibault
Ross Thompson
Glen Thulin
Traveler’s Community Connections
Albert Tripodi
Tryst
Brandon Tucker
Jessica Turco
Kim A. Tyler
United Technologies Charity Trust Account
Trace Valentine
Thea van der Ven
Lynnette S. Vandyke
Darrell Bell
Tamara Charette
Fred Collins
Kelly Conroy
Cheryl Ann Costa
Donald C. Coughlin
Carolyn Delohn
Peter Emery
Timothy Farrell
Nikki Fenmore
Kristie Fuller
Theresa Fusco
Cody Gilkeson
Maureen Harrington O’Neill
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